



Kindness Calendar

20 April – 24 April

The Kindness
School Foundation



Weekly theme: Kindness in our community

Monday	<i>Kind to me</i>	What are some of your favourite places in your community? Print out or draw a map of your neighbourhood, and mark three of your favourite spots! This can be parks, shops, restaurants, your neighbour's house, a doodle on a wall, or anywhere else that you like!
Tuesday	<i>Kind to others</i>	Go over the map from yesterday, but this time with your whole family. Ask everyone to think of their favourite places in your neighbourhood and mark them down. Together with your family, think of 3 reasons for each spot you've marked. What do you love about those places? What do you miss about them?
Wednesday	<i>Kind to the world</i>	Get ready for some dancing! The #ConcertForAHealthyPlanet will be led by 40 musicians, including 5 Grammy Winners. The first concert starts at 3.30pm UK time! You can register here for free: https://bit.ly/3a9sLIQ
Thursday	<i>Kind to me</i>	Go back to your map and write a story about going for a walk in your community. In the story, go to your favourite places in your community, do your favourite things and write about the people you meet. Use your notes from Tuesday as your inspiration for writing.
Friday	<i>Kind to others</i>	Ask your family to read your story and look at the map. Ask them where they would like to go for a walk in your community, and use the map to draw a walk where you visit everyone's favourite place. Share your calendar with us on Twitter using @KindnessSchools and #KindnessCalendar



If you don't have Twitter but would like to share your work, send us your work to info@kindness-school.org and we'll tweet them for you!