**Food Waste Detective**

Today you have been learning how ‘One third of our food is lost or wasted’. Your homework this week is to keep a record about the food that is wasted at your home.

**Task 1** - After you finish your evening meal ask everyone to place their uneaten food in a bowl and weigh it, you can also include any other food that would normally be thrown away on that day.

Record the weight each day for a week in the table below or create your own table on Google Sheets as demonstrated last week. Alternatively, if you don’t have scales to weigh your food keep a record of how many bags you fill or if you have a food bin observe how much space is taken e.g. half of bin, three quarters or a full bin.

**Food Waste Diary**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Week 1 Food waste**  **Weight** |  |  |  |  |  |  |  |

**Task 2 -** With your family can you make a pledge and create a poster showing how you can work together to reduce food waste at your home. Add text and pictures to illustrate your actions.

**Please complete and return your homework by Monday 27th September 2021**

**Waste Detective**

Today you have been learning how ‘One third of our food is lost or wasted’. Your homework this week is to keep a record about the food that is wasted at your home.

**Task 1** - After you finish your evening meal ask everyone to place their uneaten food in a bowl and weigh it, this can also include any other food that would normally be thrown away on that day.

Create a table to record the food waste weight each day for a week, or create a table on Google Sheets as demonstrated last week. Alternatively, if you don’t have scales to weigh your food keep a record of how many bags you fill or if you have a food bin observe how much space is taken e.g. half of bin, three quarters or a full bin.

**Task 2 -** With your family can you discuss different methods of reducing food waste at your home and create a poster with your pledges. Add text and pictures to illustrate your actions.

**Please complete and return your homework by Monday 27th September 2021**