**Brynford Learning Powers**

**Healthy, confident individuals who**: › have secure values and are developing spiritual and ethical beliefs › build their mental and emotional well-being by developing confidence, resilience and empathy › apply knowledge about the impact of diet and exercise on physical and mental health in daily lives › know how to find information and support to keep safe and well › take part in physical activity › take measured decisions about lifestyle and manage risk › have the confidence to participate in performance › form positive relationships based upon trust and mutual respect › face and overcome challenge › have the skills and knowledge to manage everyday life as independently as they can and are ready to lead fulfilling lives as valued members of society.

**Well-being, Lifestyle, Confident, Relationships, Society, Challenge and Independent.**

**Healthy**

**Ethical**

**Ethical, informed citizens who**: › find, evaluate and use evidence in forming views › engage with issues based upon their knowledge and values › understand and exercise their human and democratic responsibilities and rights › understand and consider the impact of their actions when making choices and acting › are knowledgeable about their culture, community, society and the world, now and in the past › respect the needs and rights of others, as a member of a diverse society › show their commitment to the sustainability of the planet and are ready to be citizens of Wales and the world.

**Choices, Values, Culture, Community, Collaboration, World and Diversity**

**Ambitious**

**Ambitious, capable learners who:** › set themselves high standards and seek and enjoy challenge › are building up a body of knowledge and have the skills to connect and apply that knowledge in different contexts › are questioning and enjoy solving problems › can communicate effectively in different forms and settings, using both Welsh and English › can explain the ideas and concepts they are learning about › can use number effectively in different contexts › understand how to interpret data and apply mathematical concepts › use digital technologies creatively to communicate, find and analyse information › undertake research and evaluate critically what they find and are ready to learn throughout their lives.

**Communicate, Knowledge, Research Evaluate, Challenge, Skills and Capable**

**Enterprising**

**Enterprising, creative contributors who:** › connect and apply their knowledge and skills to create ideas and products › think creatively to reframe and solve problems › identify and grasp opportunities › take measured risks › lead and play different roles in teams effectively and responsibly › express ideas and emotions through different media › give of their energy and skills so that other people will benefit and are ready to play a full part in life and work.

**Measured risks, Creative, Media, Problem solving, Work and Ideas**