

# Rhes -Y- Cae Show

**3K & 10K run**

**10K walk**



**Saturday 27th July 2024**

**11am - 3K run 10K walk**

**12pm - 10K run**



**Fantastic mixed terrain course.**

**Marshalled and timed.**

**Medals for all competitors.**

**Entry fees: 3K fun run - £5**

**10K run & walk - £10**

**Email [run.rhesycae@gmail.com](mailto:run.rhesycae@gmail.com) for entry form or  
contact race director Aled Davies: 07901821471**