



25th July 2026 Rhes-y-Cae Run

- **10K RUN**
- **10K WALK**
- **3K RUN**
- **10K BIKE RIDE**
- **MEDALS FOR EVERY PARTICIPANT**
- **GOODIES AND MERCHANDISE**
- **CRAFT AND FOOD STALLS**

Scan the QR code to fill out your entry form!

For more information contact us at run.rhesycae@gmail.com or contact Aled Davies on 07901821471



Proudly Supporting



SCAN ME

